

# Dr. Poo's Sunfiber is the Preferred Choice for Digestive Health

## Dr. Poo Sunfiber® Prebiotic Fiber



**Guar Fiber**



**Wheat Dextrin**



**Psyllium**



**Inulin Tablets**



**Laxative**

	Guar Fiber	Wheat Dextrin	Psyllium	Inulin Tablets	Laxative
Fiber Per Serving	6 g	3 g	3 g	3 g	0 g
Calories Per Day	10	45	75	20	0
Gluten Free	✓		✓	✓	✓
Low FODMAP Certified	✓				
Non-GMO Project Verification	✓				
100% Natural	✓		✓		
Constipation Management <sup>1</sup>	✓ (1 svg)		✓ (3 svg)	✓ (>2 svg)	✓
Diarrhea Management <sup>1</sup>	✓ (1 svg)		✓ (>4 svg)		
Glycemic control <sup>1</sup>	✓ (1 svg)		✓ (3 svg)	✓ (>3 svg)	
Satiety <sup>1</sup>	✓ (1 svg)	✓ (3 svg)	✓ (>1 svg)	✓ (2 svg)	
Low Gas, Bloating & Cramping	✓	✓	✓		✓
Clear & Flavor-free in Water	✓	✓			✓
Non-Gelling & Dissolves Completely	✓	✓			✓
Sugar	0 g/svg	0 g/svg	4 g/svg	0 g/svg	0 g/svg
Suggested Use	As a dietary Supplement, 1 svg/day	As a dietary Supplement, 3 svg/day	As a dietary Supplement, 3 svg/day	As a dietary Supplement, 2 svg/day	As a drug, 1 svg/day, use max of 7 days
Other Ingredients	none	none	sucrose	sorbitol, corn starch, microcrystalline cellulose, dextrose, citric acid, magnesium stearate, natural and artificial flavors & colors	none

<sup>1</sup> Additional information available upon request